



**Beratungsstelle
Südviertel e.V.**

für Kinder, Jugendliche und Erwachsene

Dear visitors to our website,

The association Beratungsstelle Südviertel consists of a counselling center for the district and offers, aside from family counselling, various social projects within and beyond the district.

We offer counselling for a variety of topics, e.g.:

- child-rearing, relationship and family issues
- Questions or concerns about child development
- Difficulties in day-care, kindergarten, school, apprenticeship, etc.

Our services are accessible to parents, children, adolescents and young adults who currently live or work in the Südviertel or Berg Fidel districts, or who attend a day-care, kindergarten, school or professional training in this area.

For families with children aged 0 to 6 years living in the Berg Fidel or Mitte districts, there are early support services called "Frühe Hilfen". These services address in particular expectant parents and families with young children. We gladly answer your questions regarding the needs of your infant/child and inform you about offers for families in Münster.

In addition, we offer several city-wide accessible groups for:

- Children of divorced or separated parents (TuSch group)
- Children of mentally ill parents (Auryn group)
- Young mothers and fathers aged 25 or younger (JuMP)

If you want to use our services, please don't hesitate and either give us a call, write an e-mail, or contact us personally. You will be provided with an appointment for an initial consultation.

Or you can use our open consultation hours:

- On Mondays from 4 pm to 6 pm (open to everyone)
- On Wednesdays from 10 am to 11.30 am (for families with children from 0 to 6 years)

The counselling sessions are strictly confidential and free of charge.

Our services are provided in German. However, translators are generally welcome to our counselling sessions. In some cases, we may be able to provide a translator. Please feel free to contact us!

Beratungsstelle Südviertel e.V.

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